Swimming lessons at the VAC

The VAC offers 8 Lifesaving Society Swim for Life lessons sets.

Our lessons occur twice each day for one week. A registration link will be posted online on *June 3rd at 10:00 am*.

Set 1 (July 3-7)

Preschool 1/2 (9:00-9:30, 11:00-11:30) Swimmer 1 (9:35-10:05, 11:35-12:05) Swimmer 5/6 (10:10-10:55, 12:10-12:55) Swimmer 2 (9:00-9:30, 11:00-11:30) Swimmer 4 (9:35-10:05, 11:35-12:05) Parent and tot 1-3 (10:10-10:40, 12:10-12:40)

Rookie Patrol (9:00-9:45, 11:00-11:45) Swimmer 3 (10:00-10:30, 12:00-12:30) Preschool 3-5 (10:30-11:00, 12:30-1:00)

Set 2 (July 10-14)

Swimmer 1 (9:00-9:30, 11:00-11:30)
Preschool 3-5 (9:35-10:05, 11:35-12:05)
Swimmer 5 (10:10-10:55, 12:10-12:55)
Swimmer 3 (9:00-9:30, 11:00-11:30)
Swimmer 2 (9:35-10:05, 11:35-12:05)
Parent and Tot 1-3 (10:10-10:40, 12:10-12:40)

Ranger/Star patrol (9:00-9:45, 11:00-11:45)

Preschool 1/2 (10:00-10:30, 12:00-12:30) Swimmer 1/2 (10:30-11:00, 12:30-1:00)

Set 3 (July 17-21)

Swimmer 1 (9:00-9:30, 11:00-11:30) Swimmer 3 (9:35-10:05, 11:35-12:05) Swimmer 5/6 (10:10-10:55, 12:10-12:55) Preschool 3-5 (9:00-9:30, 11:00-11:30) Parent and tot 1-3 (9:35-10:05, 11:35-12:05)

Swimmer 4 (10:10-10:40, 12:10-12:40) Rookie Patrol (9:00-9:45, 11:00-11:45) Swimmer 2 (10:00-10:30, 12:00-12:30) Preschool 1/2 (10:30-11:00, 12:30-1:00)

Set 4 (July 24-28)

Swimmer 4 (9:00-9:30, 11:00-11:30) Parent and Tot 1-3 (9:35-10:05, 11:35-12:05)

Swimmer 6 (10:10-10:55, 12:10-12:55) Preschool 3-5 (9:00-9:30, 11:00-11:30)

Swimmer 1 (9:35-10:05, 11:35-12:05)

Swimmer 3 (10:10-10:40, 12:10-12:40)

Ranger/Star Patrol (9:00-9:45, 11:00-11:45)

Swimmer 2 (10:00-10:30, 12:00-12:30) Preschool 1/2 (10:30-11:00, 12:30-1:00)

Set 5 (July 31- August 4)

Swimmer 1 (9:00-9:30, 11:00-11:30)
Preschool 1/2 (9:35-10:05, 11:35-12:05)
Rookie Patrol (10:10-10:55, 12:10-12:55)
Swimmer 4 (9:00-9:30, 11:00-11:30)
Swimmer 3 (9:35-10:05, 11:35-12:05)
Swimmer 2 (10:10-10:40, 12:10-12:40)
Swimmer 5/6 (9:00-9:45, 11:00-11:45)
Preschool 3-5 (10:00-10:30, 12:00-12:30)
Parent and tot 1-3 (10:30-11:00, 12:30-1:00)

Set 6 (August 7 -11)

Swimmer 4 (9:00-9:30, 11:00-11:30)

Swimmer 1 (9:35-10:05, 11:35-12:05)
Ranger/Star Patrol (10:10-10:55, 12:10-12:55)
Preschool 3-5 (9:00-9:30, 11:00-11:30)
Swimmer 3 (9:35-10:05, 11:35-12:05)
Swimmer 4 (10:10-10:40, 12:10-12:40)
Swimmer 5/6 (9:00-9:45, 11:00-11:45)
Swimmer 2 (10:00-10:30, 12:00-12:30)
Preschool 1/2 (10:30-11:00, 12:30-1:00)

Set 7 (August 14-18)

Swimmer 2 (9:00-9:30, 11:00-11:30)
Parent and tot 1-3 (9:35-10:05, 11:3512:05)
Swimmer 4 (9:00-9:30, 11:00-11:30)
Swimmer 1 (9:35-10:05, 11:35-12:05)
Swimmer 3 (10:10-10:40, 12:10-12:40)
Preschool 1/2 (10:30-11:00, 12:301:00)
Bronze Cross/Medallion (8:00am-

Set 8 (August 21-25)

Swimmer 3 (9:00-9:30, 11:00-11:30) Swimmer 2 (9:35-10:05, 11:35-12:05) Preschool 3-5 (9:00-9:30, 11:00-11:30) Swimmer 4 (9:35-10:05, 11:35-12:05) Swimmer 5/6 (9:00-9:45, 11:00-11:45) Preschool 1/2 (10:00-10:30, 12:00-12:30)

Parent & Tot: \$58.00

5:00pm)

Preschool and Swimmer Levels: \$64.00

Bronze Medallion: \$132.00

Bronze Cross: \$142.00

*Lessons must be paid for as confirmation prior to the first day of class.

Valley Aquatic Centre MAY and JUNE

Welcome Back to VAC!

There's lots going on here in the month of June so be sure to keep an eye out for schedules and activity nights!

This Spring we are bringing back Wednesday evening swimming lessons! Lessons will take place at VAC beginning on May 31st and ending June 28th. These are an awesome opportunity to get a head start on your swimming!

Registration will be done online through a link that will be shared with the public on Wednesday May 24th at 12:00pm!

The link to register can be found on our Facebook page as well as on the Town of Rosthern website.

Email us with any questions at VAC@Rosthern.com

Wednesday Evening Lessons:

Swimmer 1. (5-5:30, 7:00-7:30)

Swimmer 2. (5:35-6:05, 7:35-8:05)

Swimmer 3. (5:05-5:35, 7:05, 7:35)

Swimmer 4. (5:45-6:15, 7:45-8:15)

Swimmer 5. (5:00-5:45, 7:00-7:45)

Swimmer 6. (6:00-6:45, 8:00-8:45)

Pricing:

All swimmer levels are \$64.00

payment will be taken as confirmation!

Private Rentals

Private Rentals will be available on Weekends from 4:45-6:15pm.

- 1) Valley Aquatic Centre Lifeguards must be on duty at all times. No outside lifeguards are permitted to work the rental.
- 2) There is a strict no alcohol policy in this facility. Any Alcohol brought onto the premises will mean termination of rental contract WITHOUT refund.
- 3) Absolutely no smoking is allowed.
- 4) No BBQ's or glass of any kind is to be brought onto the premises.
- 5) Attendance of the rental may not exceed the number specified in this contract.
- 6) Pool rules must be followed at all times.
- 7) Renters will exit the water 10 minutes PRIOR to the END time specified on contract to allow time to gather your items and exit the facility.
- 8) Children ages 6 and under will be required to be within arms reach of an adult (ages 15 +)

Pricing:

Payment will be taken as confirmation for your rental

1.5 Hour Rates:

1-49: \$208.37

50-74: \$249.72

75-99: \$294.37

100-149: \$325.79

To book, visit the link on this post or the Town of Rosthern

Website!

Valley Aquatic Centre 2023 Rates

Daily Swimming Rates		
Preschool (0-6)	Free of Charge	
Child (7-12)	\$ 6.50	
Youth (13–18)	\$7.50	
Adult	\$10.00	
Senior	\$7.50	
Family	\$23.25	

10 Pass Punch Card Rates	
Child	\$51.00
Youth	\$63.00
Adult	\$86.00
Senior	\$ 63.00



